

# *Special Goal Areas (Optional Modules)*



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# SPECIAL GOAL AREAS – BONUS MODULES



YOU CAN APPLY THE SAME GOAL-SETTING PRINCIPLES TO DIFFERENT LIFE AREAS

THESE OPTIONAL MODULES GO DEEPER INTO SPECIFIC DOMAINS

CHOOSE THE AREAS MOST RELEVANT TO YOUR CURRENT SEASON OF LIFE

REMEMBER: YOU DON'T NEED ALL MODULES AT ONCE

# *Career & Business Goals*



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# CAREER & BUSINESS – WHAT THIS MODULE COVERS



CLARIFYING YOUR IDEAL CAREER DIRECTION

SETTING PROMOTION, SKILL-BUILDING, OR BUSINESS GROWTH GOALS

BUILDING A PORTFOLIO, NETWORKING, AND PERSONAL BRAND

BALANCING INCOME, IMPACT, AND SATISFACTION



# EXAMPLES OF CAREER & BUSINESS GOALS



GET A PROMOTION WITHIN 12–18 MONTHS

DEVELOP EXPERTISE IN A SPECIFIC SKILL OR TOOL

START A SIDE BUSINESS OR FREELANCE SERVICE

BUILD A PROFESSIONAL NETWORK OF MENTORS AND PEERS



# STRATEGIES FOR CAREER GOALS



SET SMART SKILLS-BASED GOALS (COURSES, PROJECTS, CERTIFICATIONS)

CREATE A LEARNING PLAN: WHAT TO LEARN, BY WHEN, AND HOW

USE OKRS FOR QUARTERLY CAREER OR BUSINESS MILESTONES

TRACK ACHIEVEMENTS AND FEEDBACK FOR PERFORMANCE REVIEWS



# *Study & Learning Goals*



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# STUDY & LEARNING – WHAT THIS MODULE COVERS



ACADEMIC AND EXAM GOALS

SELF-LEARNING: ONLINE COURSES, READING, SKILL-BUILDING

FOCUS, MEMORY, AND REVISION TECHNIQUES

CREATING A REALISTIC STUDY ROUTINE



# EXAMPLES OF STUDY & LEARNING GOALS



SCORE A SPECIFIC GRADE OR RANK IN AN EXAM

COMPLETE AN ONLINE COURSE IN 6–8 WEEKS

READ ONE BOOK PER MONTH IN YOUR FIELD

PRACTICE 30–60 MINUTES OF A NEW SKILL DAILY



# STRATEGIES FOR STUDY GOALS



BREAK TOPICS INTO WEEKLY AND DAILY STUDY PLANS

USE ACTIVE LEARNING: QUIZZES, PRACTICE QUESTIONS, TEACHING OTHERS

SCHEDULE REVISION SESSIONS AND MOCK TESTS

TRACK STUDY HOURS AND PERFORMANCE TO ADJUST YOUR APPROACH



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# *Health & Fitness Goals*



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# *Financial Goals (Saving, Investing, Debt)*



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# *Personal Growth & Relationships*



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**THANK YOU**